



# Sunrise Preschool Reflection



The start of our year at Sunrise has been filled with new faces, families and new friendships. It has been a wonderful time getting to know all of our new Sunrise friends and reconnecting with peers and teachers from last year.

Welcome and it really has been a wonderful start to 2015.

Through creative arts: movement, drama, music and visual art the children have begun to understand their environment and explore the own capabilities. Friendships are blossoming through the children extending on each other's interests and ideas.

We have been using natural materials, fleece, wet felting, sand, salt and clay to connect with nature and friends and this exposure to the natural world will continue throughout the year.

Through poetry, songs and story telling, we have learnt about the journey of a seed. The children have been introduced to garden experiences; re-potting succulent plants, planting a herb green house and working on our Harmony Garden, providing a real sense of belonging and appreciation for Nature and their own space.

A real highlight has been our walks and visits to the parks recently. There is such a sense of connection, social interaction and of course an opportunity for valuable learning moments. I really look forward to continuing this wonderful year ahead and seeing where the journey takes us (By Melissa).



It's been such a relaxed start to the year and such a pleasure watching everyone settle so comfortably into their new Sunrise routines. The friendships that have been forming are beautiful and the connection of the group as a whole is strong. There are lots of new things to learn at Kinder and it's fantastic that we have Sunrise experts like Adelie, Bede and Matilda to help show the younger ones what to do.. I don't know what I'd do without them!

Fluffy and Snuffy have been getting so much love from everyone, I really think they're the luckiest Guinea Pigs in the world! Thank you so much for bringing in food for them, and for all the cuddles they get throughout the day.. Thanks so much to all the families who filled out our "All about me" forms at the start of the year.. they were so helpful when we began our planning for the year, giving us a place to start directly based around your children's interests. We try to incorporate the interests shown by the children throughout our whole program, and use your ideas as a springboard into . So keep 'em coming!

**Why Do We Do Yoga:**

**Matilda :**

Get Energy

Adelie :

Makes you strong

**Rafi :**

makes you eat so much food

**Violet :**

It makes you healthy and you need to be healthy.

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**Notice to Parents:**

This coming fundraising meeting:  
Monday 16th of March  
at 6.30pm.

We have decided to have:

- \*Run Fun
- \*Tea Towel
- \*Silence Auction
- \*Children Art Exhibition

We need a lot of help to make it happened!!!

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**Enza is back on 14th of April 2015 !!!**

Parent Information  
Evening Tuesday 24<sup>th</sup>  
March 2015

At – 7pm



Cooking was one thing that really jumped out at me as a huge part of your children’s lives. We began by providing play dough and cooking materials and observed what the children cooked for each other.. cupcakes, bread and pizza seem to be our favourite things to eat! So I rustled up a yummy chocolate cupcakes recipe, Sigrid taught a few of us how to make bread, and next week pizza making will begin! I can’t wait.

**Love Paige**



It was a very exciting time with all the new children settle down at Sunrise. At group time we introduced us to the group, there was a lots of talking about, how we can help the new children, like:

- Showing them where things are
- Playing with them
- Being friendly to them

The book “ when I’m feeling kind” deepened this subject.I offered as well ring games, where children needed to approach another child. It help them to come into contact. It was great to see, that our older children mixed with the new one.

Children loved to mix colours at the easel from the very beginning. Therefore I offered the salad spinner activity. They loved to spin! There was always a little group of children around to help the spinning child by holding the spinner. That was very nice to see. It was a good way to come into contact. And of course, everybody was excited about, which colours got created. Some children wanted to know exactly, how they created the colour green, orange and purple. There was slots of imagination about the pattern as well e.g. it looks like a butterfly, like a sunset, like a bird. I offered some glitter as well, which children used very wisely. After a short time, this activity got run by the children themselves, helping each other.

As an extension, children created magic window over the last two weeks. Another form of mixing the colours. And a good possibility to see, that some children cut with their left hand. I think we should look for some smaller left hand scissors. The once we got, are quite big for some of the small hands.

## Colours....Colours, Lets Mix Some Colours !

It all started, when some children mixed different coloured paint at the easel “Oh look, I made purple”, was one of the many comments. You were off and about to explore! You created the colours of green, purple and orange just by spinning red, blue and yellow paint in a salad spinner, while your friend was spinning faster and faster. Everyone was very curious about each outcome. You created some “magic window” by cutting three window frames from paper. One window had the blue paper, one paper the yellow one and the last window had the red paper. With a ribbon, I tied them together for you. Your magic window was ready to create some new colours.

By putting on top of each other The:

red + blue window = purple

blue + yellow window = green

red + yellow window = orange. All of you were very excited about this magic! **(By Sigrid)**



# *Typical Days at Sunrise*





# *Family Picnic*





BABA NAM KEVALAM  
"LOVE IS ALL THERE IS"