

## NEO-HUMANISM

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Simple ideas are often the most powerful. This is certainly the case with Neo-Humanism. Rooted in the ancient yogic perception that all existence is bound together, that we all are interconnected, neo-Humanism transcends a limited and deeply wounded humanism with a holistic re- conceptualisation of what it is to be human.

Neo-Humanism is a process of becoming consciously, self consciously, human. Essentially it is a term both general and specific, covering as it does all the ‘holisms’ that have sprung up in the humanities, sciences and in social movements in recent decades, while more specifically being a set of principles for living based on **the ethic of universal love**.

Neo-Humanism offers a strong critique of nationalism, sexism, species-ism, capitalism and racism. As an ethical system its emphasis is on an integrated worldview that urges us to embrace all experience of the phenomenal world reverentially. As a way of knowing, it breaks the bounds of humanism, to include the rights and liberties of the entire phenomenal world. As such it is part of the current response to the divisive and alienating effects of western rationalism.

It is however more than just a voice of dissent. Its strength and positivity comes from the fact that it places us as individuals in a world made meaningful by a renewed sense of our interconnection with everything.

This is not simply a rhetorical interconnectedness, as we find in much holistic and new age writing. Neo-Humanism is a spiritual force because it acknowledges and actively promotes spiritual practice as the only way to achieve a sense of belonging in the universe. This sense of belonging cannot come from simple assertions that we belong: the rhetoric of belonging. Love, reverence and responsibility will not magically appear within us as transformative forces simply because we think they should. Nor will the authority to teach and guide others burst forth in our lives without some real effort being made to plumb the depths of our selves in a contemplative and disciplined way. We cannot find salvation for this embattled world through reversion to simplistic atavistic formulas such as “God is everywhere.”

Neo-humanism is potent because it throws full responsibility for change onto us. Put simply, we have to change in order to promote change. As human beings we are bound to explore our own potentiality, to expand our understanding of who and why we are. This is the primary drive-it might be called the “prime directive”- for us all as we chart our way through life. At the moment this prime directive is distorted as we are taught to compete with others for limited resources.

If we apply this prime directive with benevolence we find that everything changes. We no longer need to compete with others, in fact our development as conscious beings is linked to our relationships. Our awareness of our interconnection with others enables us to harness the power of love as we turn from being self-serving beings to beings of service.

What is more, because the sense of relationship expands as we take this step into interconnectedness human beings no longer take centre stage in the drama of existence. Consciousness itself becomes the chief protagonist in an epic that spans the ages since the initial spark, the point scientist call the big bang, when matter took form and began to unfold itself into the world we know today. From this perspective our relationships include both animate and inanimate existence and we are never alone, wedded as we are to all things.

Neo-humanism describes the wonder of this drama and our role within it. It is critical of anything that impedes our individual and collective journey through life. Because it is synthetic in character it allows for no distinction based on race, sex, caste, religion or even species. A Neo-Humanist agenda is a liberating agenda. It places great store on human rationality as a tool in overturning all forms of dogma and prejudice. It links morality to this rational process in order to make the mind pure enough to function without bias, and the heart strong enough to embrace all in the endeavour to forge a one single humanity.